

# The Cogswell Courier

Jeremy Cogswell  
Austin Marathon

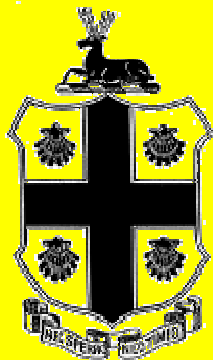
Photo credit: Action



Nears Finish Line  
February 20<sup>th</sup>, 2011

Sports International

*"I neither despise nor fear"*  
*April 2011*





## Cogswell Courier

April 2011,

Volume 22, Issue 1

The mission of the Cogswell Family Association is to perpetuate the memory, history and genealogy of the Cogswell family with particular emphasis on descendants of John and Elizabeth Cogswell who arrived in America in 1635. This mission is accomplished by collecting, preserving, recording and publishing family documentation, memorabilia and memorials, as well as promoting friendship, understanding, mutual assistance and collaborative research across the membership.

Published by the Cogswell Family Association

Three times a year:

April, August & December

Deadlines for each issue:

First day of the month previous to issue

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## Half Ironman, Marathon and Half Marathon Half Ironman

**Jeremy Cogswell**, age 40, of Austin, Tex., formerly of Monarch Beach, Cal., has completed two half ironman events. On Mar. 31<sup>st</sup>, 2007, he completed the Ford Half Ironman 70.3 California in a time of 6:05:44. On Oct. 17<sup>th</sup>, 2010, he entered the Ironman 70.3 Austin and completed the half ironman with a swim time of 39:19, a cycling time of 2:58:01, a run time of 2:09:28 and transition times totaling 7:16 for a total time of 5:54:04. He ran the Austin Marathon in 4 hours 12 minutes on February 20<sup>th</sup>, 2011. Jeremy holds an MS degree in Electrical Engineering from the University of Missouri-Columbia and is Senior CAD Engineer at Silicon Laboratories, Austin, Tex.



On Aug. 1<sup>st</sup>, 2004, **Ryan Cogswell**, age 23, of Michigan, entered the Whirlpool Steelhead Triathlon at Benton Harbor, Michigan, and completed the half ironman race swimming 1.2 miles in 50:02, biking 56 miles in 3:04:04 and running 13.1 miles in 2:27:50, with transition times totaling 7:20 for a final time of 6:29:16. Ryan Cogswell of Vancouver, B.C., has run four marathons: in 2002 (Twin Cities Marathon) in 4:38:59; in 2006 (Vancouver International Marathon) in 3:15:27; in 2007 and 2008 (BMO Vancouver Marathon) in times of 4:00:33 and 3:45:35. Results are posted on the internet for one shorter triathlon and seven races of five kilometers to ten miles. On Aug. 23<sup>rd</sup>, 2009, Ryan put on an event attempting to enter Vancouver into the Guinness Book of World Records for having the most people doing yoga in one place at the same time. In 2010, at age 30, he entered the Rubber Ducky Half Marathon, completing it in 1:37:44. There are age and address discrepancies, so these Ryans may or may not be the same person.

**Stephen R. Cogswell**, age 37, lives in Billerica and is married to Kelley Cogswell. He is a policeman responding to the usual police calls, including one from a mother saying her daughter had stopped using her medication and was wandering around the house, when the girl brandished a rifle at him. He signed a skate park petition Mar 17<sup>th</sup>, 2008, saying that most users are good kids who, in fact, reported drug use by a few. He took part in the Lowell Mill City Triathlon International on July 11<sup>th</sup>, 2010 (swim .9 miles, bike 26 miles, run 6.2 miles) taking 31 minutes 57 seconds for the swim, 1 hour 26 minutes 51 seconds for the bike and 1 hour seven minutes and 4 seconds for the run – total time: 3 hours 5 minutes 51 seconds. He finished 58<sup>th</sup>. On August 8<sup>th</sup>, 2010 he took part in the Timberman Ironman at Lake Winnepesaukee, N.H. (Actually, this was a half ironman: swim 1.2 miles bike 56 miles run 13.1 miles.) He completed the swim in 39 minutes 10 seconds, the bike in 3 hours 4 minutes 24 seconds and the run in 2 hours 8 minutes 29 seconds. His total time was 5 hours 59 minutes 48 seconds, including 7 minutes 47 seconds transition time between the different parts. The picture comes from a 2009 event which I cannot find elsewhere.



I found no Cogswells who have completed a full ironman race, but Jeremy Cogswell is entered in one on his birthday, November 20<sup>th</sup>, 2011.

## Marathon

*Jeremy and Ryan Cogswell, above, also ran marathons.*



**Andrew Cogswell** has lived in Decatur, Ga., Charlottesville, Va., Fairfax, Va., Falls Church, Va., Midlothian, Va., and Radford, Va. He is Senior Information Architect and Web Strategy Consultant with Ironworks Consulting of Richmond, Va. Andrew graduated in 1998 from the University of Virginia, where he was a member of the all male Virginia Glee Club. On April 7<sup>th</sup>, 2002, Andrew, 25, of Falls Church, Va., ran the Credit Union Cherry Blossom 10 Mile Road Race in a time of 1:28:08. On Jan. 12<sup>th</sup>, 2003, he ran the Disney Half Marathon in a time of 1:57:34. In 2005, he ran the Ing New York City Marathon in a time of 5:13:10. He was supposed to run it in 2004 but was sick the week of the race - he unofficially ran about half of it. He also ran the Boston Half Marathon in 2004. On Jan. 1<sup>st</sup>, 2009, he ran the Richmond Road Runners New Years Day 10K in a time of 56:36. On Oct 17, 2009, he ran the

3<sup>rd</sup> Annual St. Edward-Epiphany 5km Eagle Challenge in a time of 29:09. Except where noted, his age is given as 33 for all these races.

**Barbara (Siebel) and Stephen Cogswell**, of Barrington, Ill., are the parents of **Chris Cogswell** (see below). Barbara is an independent fine art professional and web designer. She was educated at Trinity College, Hartford. Stephen is 45 years old. In 2000, Stephen ran the Disney Marathon with a time of 3:35:04. On November 19<sup>th</sup>, 2004, both entered the SunTrust Richmond Marathon. They ran together, both finishing in a time of 3:39:52. In 2005, Stephen ran Miami Tropical Half Marathon with a time of 1:42:15 and the SunTrust Richmond Marathon with a time of 3:43:19. On July 19<sup>th</sup>, 2008m Barbara and her son Chris participated in the 1st Annual Tin Cup Challenge at Driggs, Idaho. Barbara was overall top female in a half marathon with a time of 1:40:42. (Chris' time was 1:46:48.) Nicholas Cogswell (Barbara and Steve's son) and Steve Cogswell were listed as recreational runners/walkers. Times for the recreational runners were not found. In 2009, Barbara ran the Chicago Marathon in a time of 3:46:34 and the Napa-To-Sonoma Wine Country Half Marathon with a time of 2:16:41. She also ran the Chicago Half Marathon in 1:44:47. (Chris also ran – in 1:49:50). In 2010, she ran the Rockford Half Marathon with a time of 1:43:26. She and Chris both ran the Chicago Half Marathon; Barbara's time was 1:42:58. Chris' time was 1:23:05.



**Dan Cogswell** of Cambridge, Mass, reports that he ran his first marathon – the Chicago one – October 19<sup>th</sup>, 2008. He writes: “By the time I finished it was 85 degrees. I ran the first half ok but I messed up my fluid intake and my stomach got upset.” He didn't like the available gatorade and it made his stomach worse. “I intentionally slowed down a little for the 2<sup>nd</sup> half, but I crashed around mile 22 and got sick. I was hoping I could hang with the 3:45 or 3:50 pace group, but I lost about 30 minutes walking/ shuffling the last few miles.” He didn't give up, because he ran the Vermont Marathon in May, 2009. Dan, age 28, received his PhD from MIT this past June, and married Courtney Elder Jan. 3<sup>rd</sup>, 2009.

Dan's dad, **Doug Cogswell**, of South Barrington, Ill, ran with him in the 2008 Chicago Marathon and fared better, finishing in 3:37:10. This qualified him for the Boston Marathon, which he ran in April, 2009, and finished in 3:35:42. He most recently ran the New York Marathon November, 2010, in 3:42:12. His first marathon was the brutally hot Chicago Marathon, which he finished before it was shut down due to the heat. He is President and C.E.O. of Advisor Solutions, Inc., is 55 and is next running the 56 mile Comrades Ultra-Marathon in South Africa this May to raise money for World Vision water projects in Zambia. Sponsor him by visiting [www.AdvisorSolutions.com/Cogswell](http://www.AdvisorSolutions.com/Cogswell).



On December 3<sup>rd</sup>, 2006, **Derek Cogswell** (in the age 30-39 group), probably of Maidenhead, Berkshire, but definitely from England, finished 21<sup>st</sup> of 57 finishers in the Run Barbados Marathon in a time of 4:10:21



**Elizabeth Cogswell Baskin** (right) ran the NYC Marathon. Once.

Of **Gene Cogswell**, Columbus, I found that he is 43 years old and single. In 2001, he ran the Columbus Marathon (age 32) in a time of 4:24:54. He ran it again in 2006 in a time of 4:34:02 and perhaps (doubtful) a third time in 2007 at age 39 in the same time of 4:34:02.



**Jim and Leslie Cogswell**, Hood River, Ore., are a husband and wife who were featured in the April, 2010, Courier when they hosted the Rwandan cycling team. Both have run many races and are involved in organizing or helping with them. Leslie, then 42, ran the Columbia River Gorge Marathon May 31<sup>st</sup>, 1998 with a time of 5:23:26. Jim ran the Big Sur International Marathon April 30<sup>th</sup>, 2006, with a time of 5:03:43. Both have run the Columbia River Gorge 1/2 Marathon, Jim with a time of 2:02:47 in 2002 and 2:10:20 in 2004; Leslie's time (2002) was 2:05:07. Leslie also ran the Dirty Half Marathon June 14, 2009, at Bend, Ore., with a time of 1:59:02. Jim is over 65. Leslie is considerably younger.

**John Cogswell** of Reading planned to run the Boston Marathon in Ewan Kennedy's honor to raise money for the Children's Hospital, Boston. I was unable to find if this is a past event or a future plan.



**Joshua Cogswell**, Brandon, Miss., ran the Mississippi Blues 2011 Half-Marathon (time 1:58:58) and the 2011 Rock 'n' Roll Mardi Gras Marathon Feb. 13<sup>th</sup> (time 4:09:09). He is Development Director for the Neurosciences at the University of Mississippi Medical Center.

**Kelly Cogswell** of Renton, Wash, says she has run both a marathon and half marathons. The marathon (over 10 years ago) is not on the internet. Half marathons include Seattle Half Marathon, 1997, run in 2:02:21; Super Jock 'N Jill 1/2 Marathon, 1999, time: 1:55:54; Seattle Walk Half Marathon, 2007, time: 3:51:19 and Seattle Walk Half Marathon, 2009, time 3:34:55. This year, she has run in 10 races 5 km or longer, including the Mercer Island Rotary Half Marathon, March 21<sup>st</sup>, 2010, age 47, time: 2:55:59 and the Kirkland Half Marathon May 9<sup>th</sup>: time 2:15:54.

**Kristen Cogswell**, 39, of Middleton, Wis., 1993 graduate of Appalachian State University in Boone, N.C., BA in English and Communications, is a Senior Project Director, AT&T, Madison, Wis. She is also Secretary, Board of Directors of the Madison Children's Museum. She is a sister of Andrew, above. She ran the Charlottesville, Virginia, Half Marathon on April 16<sup>th</sup>, 2006, at age 34, with a time of 1:49:58. On November 23<sup>rd</sup>, 2006, at age 35, she took part in the Berbee Derby Thanksgiving Day Run/Walk – 10 km, her time being 48:47. On May 27<sup>th</sup>, 2007, she ran the Med City Half Marathon in a time of 1:46:28. On June 16<sup>th</sup>, 2007, she ran in Grandma's Marathon in Duluth, Minn., finishing in 4:25:58. She has run six marathons, including the New York City Marathon twice (in 2009: time 4:15:09) and the Chicago Marathon once. I found one half marathon on the Internet; the LaSalle Bank Chicago Distance Classic Half Marathon Aug 12<sup>th</sup>, 2007, which she ran in 1:55:15. She is married to Matt Simons and has recently moved to Milwaukee.



**Louis Cogswell**, U.S. Army, ran more than one marathon several years ago, according to his father, Bruce Cogswell, but I have been unable to find them on the Internet.

For **Meghan Cogswell**, Manitou Spring, Col., I found only sites about running. She is 31 years old and has run further than marathon distance, completing the Sage Burner 50 km run May 29<sup>th</sup>, 2010, in a time of 6:20:04. She has run the 10 km Garden of the Gods race in a time of 1:18:15; a half marathon – the Vasque Golden Leaf Half Marathon (Sept 25<sup>th</sup>, 2010) in a time of 2:11:39; the Barr Trail Mountain Race (distance not stated) in a time of 2:17:32; the Imogene Pass Run Sept. 11<sup>th</sup>, 2010, in a time of 3:50:58 and at least three marathons: the Golden Hills Marathon, 2008, in a time of 4:34:24; 2009 in a time of 4:28:31 and the 2010 Pike's Peak Marathon in a time of 6:55:51.



**Patricia Cogswell**, Carrboro, N.C., wife of John Cogswell (below): in addition to the races they ran together, Patricia ran a second half marathon – the Owl's Roost Rumble Half Marathon, on April 25<sup>th</sup>, 2010, time 2:11:59. November 19<sup>th</sup>, 2004, she ran the Sun Trust Richmond Marathon in a time of 3:53:28. She may be associated with the University of North Carolina at Chapel Hill.

Of **Paul Cogswell**, Fredericton, I found that he is the son of Paul Delbert and Ruth (Little) Cogswell and the husband of Laura Lee (Marsden). He lived near Lepreau Falls for 19 years and spent much time at the falls and along the river. He attended Fundy High School, St. George, N.B. He has lived in Fredericton and Hampton, where he operated Cogswell's Renovations in 2008. On May 21<sup>st</sup>, 2006, he ran the Blue Nose International or Volkswagen Half Marathon with a time of 1:51:25.7. He also ran a full Marathon by the Sea on September 13<sup>th</sup>, finishing 88<sup>th</sup> with a time of 4:15:13. He entered the 2007 running of the same marathon on September 23<sup>rd</sup>, improving his standing to 64<sup>th</sup> and his time to 4:07:46. On September 19<sup>th</sup>, 2010, he entered the Army Run Half Marathon in Ottawa, Ontario, with a time of 1:47:50. He seems to have joined the army after being a scallop fisherman. He was at CFB (Canadian Forces Base) Gaagetown from 1991 to 2005, with brief stays at Camp Coralici, Asmara and Port-Au-Prince and CFB Petawawa, starting in 2005.

Of **Susan Cogswell**, Colorado Springs. I found that she is 61 years old. She ran her first Pikes Peak Ascent in 1983, ran the round trip in 1984 and has trained on the mountain every summer, running one race or the other when health permits. In 2005, at age 56, she ran the Rock Canyon Half-Marathon with a time of 2:10:49 (the third fastest woman in her age group, 55-59) and the Big Sur International Marathon April 24<sup>th</sup>, with a time of 4:43:31. She repeated the Rock Canyon Half Marathon Dec. 6<sup>th</sup> 2008: with a time of 2:13:36. She also ran another full marathon at age 58, with a time of 4:33:40 and Pike's Peak Marathon in 2009 with a time of 9:27:30.



**Half Marathon Andrew, Barbara, Jim, Kristen, Leslie, Meghan, Patricia, Paul, Ryan, Stephen and Susan, above, also ran half marathons.**

**Andria Cogswell**, age 46, grew up in Nova Scotia, studied veterinary medicine in P. E. I. and became a veterinarian in Missouri. She has a love of horses, and had a llama as a ring-bearer at her wedding. (She and the groom have since separated.) On February 21<sup>st</sup>, 2010, she, her sister Marjorie and a nephew had gone to Jax Beach, Fla., for the Run with Donna Half Marathon, which she completed in a time of 2:44:09 – one second behind her sister, although her nephew, Christian Roy, finished in 2:03:15. On Feb. 13<sup>th</sup>, 2011, Andria took 2:29:18 to run a second Run with Donna Half Marathon.

**Brandon Cogswell**, age 31, of Hilliard, Ohio, ran the 2010 Columbus Half Marathon in a time of 1:51:25.



**Brent Cogswell**, age 35, is Director of Outdoor Education at Southwestern Academy, Flagstaff, Arizona. He has a BS degree in Science/Outdoor Ed (2004) from Northern Arizona University, Prescott College. He ran the 2<sup>nd</sup> Sedona (Arizona) Half Marathon on Feb. 10<sup>th</sup>, 2007, in a time of 2:05:08. On February 9<sup>th</sup>, 2008, he ran in the 3<sup>rd</sup> Sedona half Marathon, finishing in a time of 2:19:19.



**Chris Cogswell**, (see page 7) Barrington, Ill, graduated from high school this year and entered Williams College, Williamstown, Mass. He was on the high school running team and will run for the College as well. He won the sectional title in 4:23.36 in the 1600-meter run on a stormy May 21<sup>st</sup>, 2010. Running for Williams College, Chris finished 6<sup>th</sup> at the Dartmouth Invitational in Hanover, New Hampshire, September 11<sup>th</sup>.

His mother was overall top female in a half marathon with a time of 01:40:42. (Chris' time was 1:46:48.) On July 19<sup>th</sup>, 2008, both participated in the 1st Annual Tin Cup Challenge at Driggs, Idaho. Chris' time was 1:40:42 (8<sup>th</sup> overall.)

**Chris Cogswell**, Birmingham, U.K. See next page.



**Chris (30) and Lisa (28) Cogswell** are a husband and wife who live in Canton, Mich., and became parents in February, 2008. Lisa is a Nurse Practitioner or Physician Assistant with Partners in Internal Medicine. Chris is a student at Eastern Michigan University and a graduate of Michigan State University with a bachelor's degree in Communication. Chris has run

in 5 km and 10 km races, but both entered the Dexter-Ann Arbor Run – Half Marathon. Lisa completed it in 1:58:06 and Chris in 2:18:51



**Dana Cogswell**, age 42, ran the Seattle Half Marathon, Nov. 30<sup>th</sup>, 2008 in 1:58:51.

**Gaige Cogswell** (left) of Holly Springs, N.C., ran a half marathon at the age of 18. His time was 2:32:52. I could not find the date or place, or anything else about Gaige.

**John Cogswell**, Carrboro, N.C., is the husband of Patricia Cogswell (see above). They have both participated in at least two races, including a half marathon. Both participated in the Gallop & Gorge Road Race – 8 km on November 26<sup>th</sup>, 2009, John's time being 41 minutes 14.82 seconds and Patricia's 36 minutes 45.21 seconds. Both ran the Kiawah Island Half Marathon December 12<sup>th</sup>, 2009. John's time at age 50 was 1:46:10, Patricia's at age 48 was 1:49:03. John had run it before in 2006 and would run it again in 2010. He may be associated with the University of North Carolina at Chapel Hill.

**Julie Cogswell** ran the Seattle Half Marathon Nov. 25<sup>th</sup>, 2007, in 1:58:59 and again Nov. 30<sup>th</sup>, 2008, in 2:02:37 at age 48.



**Marjorie (Cogswell) Roy**, age 48, (sister of Andria, above) grew up and still lives in Nova Scotia. She is the mother of six children, the youngest of which travelled with her to Jax Beach, Fla., for the Run with Donna Half Marathon, February 21<sup>st</sup>, 2010. She and her sister, Andria, ran together and finished in a time of 2:44:08, while her son ran ahead, finishing in 2:03:15. She is shown with

her son and fellow runner, Christian Roy.

**Megan Cogswell**, Midlothian Va., is the wife of Andrew Cogswell, above. On April 16<sup>th</sup>, 2006, at age 30, she ran the Charlottesville Virginia Half Marathon with a time of 1:48:09. She also

ran the 2009 Walt Disney World Half Marathon with a time of 1:51:18. She had run it before in 2003. In 2001, she ran a 10 km race in a time of 58:09.

**Michael Cogswell**, of St. Catharines, Ont., on Oct. 24<sup>th</sup>, 2010, ran the Niagara Falls International Half-Marathon in a time of 2:07:30.3.

**Michael Cogswell**, age 53, ran the Bexhill Poppy Half Marathon Nov. 9<sup>th</sup>, 2008, in a time of 2:16:27. This was probably in the U.K., but I could find nothing else about the event or the runner, except that he is not the paralympic sailor of the same name.

**Samantha Cogswell**, now age 25, of Kent, Washington, ran the 2007 Seattle Women Half Marathon in a time of 1:48:27. She also ran the Rock 'N' Roll Seattle Half Marathon 2009 in a time of 1:46:24. In 2010, she ran the Rock N Roll Seattle Half Marathon in June, time: 1:54:47 and in November, the Amica Insurance Seattle Half-Marathon in 1:52:12.

**Tonia Cogswell**, of Petawawa, Ont., has run two half marathons; on Aug. 24<sup>th</sup>, 2008, the Demi-Marathon Course at Deux-Rives, Levis, Quebec in a time of 2:27:01.9, and, on Oct. 30<sup>th</sup>, 2010, the Ottawa Beat Beethoven Half Marathon in a time of 1:58:26.4.

### British Triathlete Bikes across U.K.



**Chris Cogswell** of Birmingham, England, age 29, has run (and biked and swum) in a number of races. This includes the Barton Marina Standard Distance Triathlon (which must be shorter than the half ironman) which he completed in 2:53:51. He has also completed a Duathlon – (run, bike, run) and an Aquathlon (swim and run). In 2009, he ran in the Birmingham Half Marathon, completing it in a time of 2:01:36.

He spent from August 29<sup>th</sup> to September 11<sup>th</sup>, cycling across Britain from Land's End in Cornwall to John O'Groats in Scotland – around 950 miles on a bike he built from scratch – a standard course taken by a number of

cyclists (but not as a race.) "Cycling the length of the country is something I've wanted to do for a while and I decided that when I did it, it would be for Birmingham St. Mary's Hospice, as my family has supported the charity for a long time. It will be a challenge, but I've been training for a triathlon so I'm keeping myself in good shape," he said. Chris decided to cycle from south to north in an attempt to get the most difficult part out of the way first. "You might think Scotland, with all its mountains, would be the hardest part but I found when cycling it before there are a lot of flat stretches. In the West Country, however, there are a lot of long, rolling hills, which I expect to be quite difficult," Chris said.

Chris hoped to raise £1,000, if not more, for Birmingham St. Mary's, the city's only independent adult hospice which, since 1979, has cared for tens of thousands of people with life-limiting illnesses, such as cancer, motor neurone (Lou Gehrig's) disease and MS. It has long been supported by Chris' grandmother and, taking as example her 20 years of support, Chris has decided that now is his time to get involved. In fact, he raised £1,373.33 which might not be a final figure. When he crossed the border into Scotland, he sent this message: "The cycling has been going well over the last couple of days; fantastic scenery through the lakes yesterday, stayed in

Carlisle last night and this morning have crossed the border. My brother has joined me for a couple of days. Today is windy but I am making the most of it as the rain is due to hit tomorrow."



On September 9<sup>th</sup>, he sent this message: "The last two days have seen me climb through the Grampians and Cairngorms. Have found it difficult because the cycle paths sometimes look like I'm going downhill when I'm actually climbing. Can be frustrating because you think you should be speeding up, not slowing down. Looks like I should dodge the rain from here onwards. Stayed in Inverness last night, two days to go!"

Well done, Chris.



# James S. Cogswell Award



James S. Cogswell Outstanding Industrial Security Achievement Award is the highest recognition bestowed annually by the U.S. Defense Security Service (DSS) on a defense contractor. The award was established in 1966 and named in honor of the late Colonel James S. Cogswell, USAF, the first chief of the Unified Office of Industrial Security. Colonel Cogswell was responsible for developing the basic principles of the Industrial Security Program, including the Program's emphasis on partnership between industry and government to accomplish industrial security objectives and excellence for the benefit of its ultimate customer, the U.S. war fighter. The Cogswell Award is the most prestigious honor for cleared industry. Of nearly 11,000 cleared contractors, less than one

tenth of one percent is annually selected to receive this Defense Security Service Award. Achieving this distinction requires extraordinary excellence, involving a total team effort by top management, the facility security officer and the facility work force. Selection for the award is based on the following criteria:

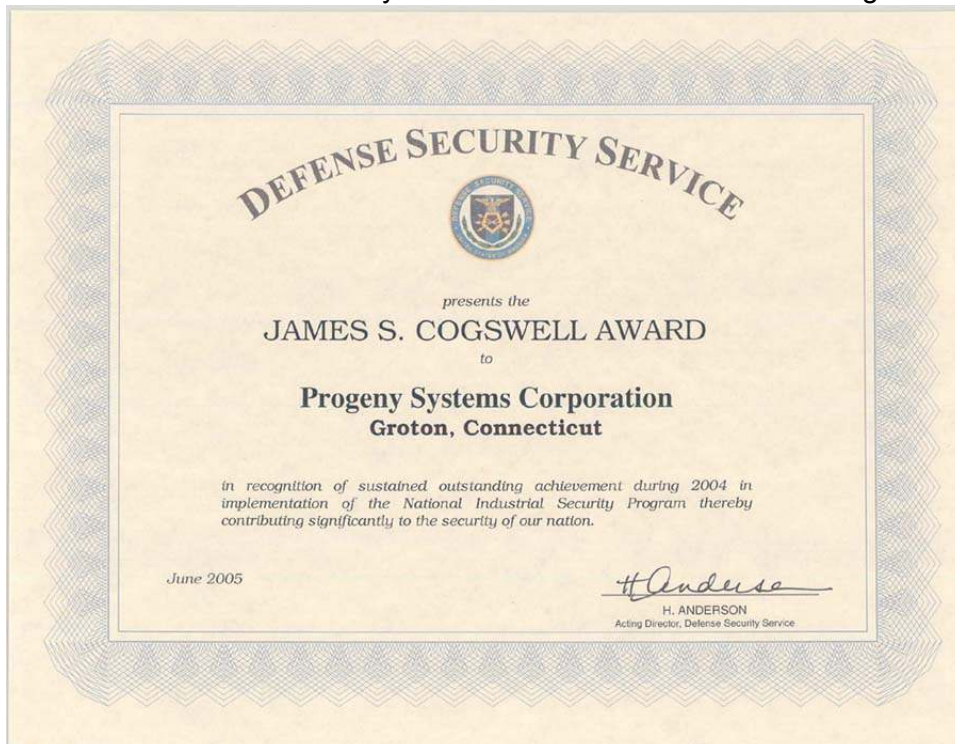
1. An outstanding overall security program in which the contractor routinely resolves problems independently and is extremely responsive to changes in the National Industrial Security Program (NISP).
2. Management's active support and involvement in maintaining an excellent security posture.
3. Knowledge and professionalism on the part of the Facility Security Officer. A record of outstanding security review results that set standards for emulation by other contractors.
4. Internal operating procedures which implement or exceed applicable requirements of the National Industrial Security Program Operating Manual (NISPOM).
5. An absence of security violations that impact on the integrity of security systems.
6. An effective, ongoing security education and awareness program.
7. Support for DoD personnel security initiatives by all levels of management.
8. A program to limit the number of classified holdings in the facility.

The Cogswell Award selection process is very rigorous. Facilities are nominated by their assigned DSS Industrial Security Representatives, based on the criteria noted above and two consecutive industrial security reviews which show a sustained degree of excellence in program

requirements.

Nominations are then submitted throughout all levels of the DSS field organization for endorsement and vetting. A National Review Team consolidates and ranks the nominations, which, in turn, are submitted to Senior Management for final endorsement and approval.

Does anyone have any further information on James S. Cogswell? He does not seem to be in Descendants of John Cogswell.





# Cogswells in Sports – Distance Running

Barrington's (Illinois) **Chris Cogswell** is hoping to continue his early success. In high school, he was on the swimming and cross country teams, but it was in cross country that he had notable success. As a junior, Chris Cogswell (2008/9) in the 1,600 was one of those that lifted the Barrington (Ill.) Broncos from Stevenson High School to the team title. He ran to a solid time of 4:29.1 for second place. As a senior, he finished 20<sup>th</sup> at the Peoria Notre Dame Invite. Cogswell qualified for state last track season in the 1,600 meters and has used it as a springboard for this cross country season. The senior used an explosive start at Peoria Notre Dame to gain his position. Chris finished 32<sup>nd</sup> (15:07) in the Palatine Invitational at Deer Grove East Forest Preserve on September 26<sup>th</sup>, 2009. Chris led from the start and even seemed to turn it up a notch halfway through to capture the sectional title in 4:23.36 in the 1,600-meter run on a stormy May 21<sup>st</sup>, 2010. He graduated from high school in 2010. He is entering Williams College, Williamstown, Mass., where he could climb up the team ladder and adjust to the 8 km (5 mile) collegiate racing distance. Running for Williams College, Chris finished 6<sup>th</sup> at the Dartmouth Invitational in Hanover, New Hampshire, September 11<sup>th</sup>. For Chris, running may be a family affair. **Barbara Cogswell** of Barrington, Ill., his mother, was overall top female in a half marathon with a time of 1:40:42. (Chris' time was 1:46:48.) On July 19<sup>th</sup>, 2008 both participated in the 1st Annual Tin Cup Challenge at Driggs, Idaho. Chris' time was 1:40:42 (8<sup>th</sup> overall.) Barbara's time was 1:46:48 – the 4<sup>th</sup> woman. **Steve Cogswell** (Chris' father, who has run at least three full marathons) and **Nicholas Cogswell** (a brother) also took part but as recreational runners/walkers.



**Kris Cogswell** ran for Onate (New Mexico) High School. He also graduated from high school in 2010. He was also in the ROTC. On December 1<sup>st</sup>, 2007, individual awards at a competition went to Cadet Kris Cogswell of the Onate High School Navy Junior ROTC Unit for first place, male sit-ups. His best times are: for the 400 meters: 50.05 seconds; for the 800 meters: 2 minutes 3 seconds; for the 1,600 meters: 4 minutes 29 seconds and for the 5 km: 16 minutes 3 seconds. He has run the 400 and 800 in the Silver Invitational on April 5<sup>th</sup>, 2008, the 5 km at the New Mexico State Cross Country Championships, where he came 85<sup>th</sup> at a slower time of 18 minutes 7¼ seconds, the 400 at the Los Lunas Invitational on March 14<sup>th</sup>, 2009 (53.29 seconds), the 400 and the 1,600 at the New Mexico District on May 8<sup>th</sup>, 2009, and early in 2010 he ran the 800 at Las Cruces, finishing in 8<sup>th</sup> place. He is committed to run cross country at Eastern New Mexico University, where his potential major is Criminal Justice/Law Enforcement Administration. He is one of five expected to be among the contenders for the 8<sup>th</sup> and 9<sup>th</sup> best runners at the university.

**Coleman Cogswell** started as a student manager for the McCool Junction cross country team and started running with them at age 10. In 2005, he ran the Nebraska Association Junior Olympic Cross Country Championships in Omaha, finishing 4<sup>th</sup> in the 3 km run with a time of 12.53 minutes. This qualified him for the regional event, where he finished fifth with a time of 12:26.13. That advanced him to the national championships, where he finished 17<sup>th</sup> out of 246 ten-year-olds. He has continued to run, as well as being active in the 4-H Club, where he has won numerous awards at various fairs and shows. He has run in too many races to list, but by 2007 he was running the 400, the 800 and the 1,600. By 2008, he was winning some of his races. Today, he is the second fastest runner at McCool Junction High School, usually finishing behind Brandon Suhr. However, with Brandon not running, Coleman won a 3,200-meter run on May 17<sup>th</sup>, 2010, with a time of 11 minutes 4.3 seconds. Coleman was among those named to Academic All-State by the Nebraska Schools Activities Association for the 2010 fall sports season. This winter, he has also shown himself pretty good at basketball. Coleman still has a couple of years left before graduating from high school. There is no word yet on his college plans.



## Readers' Page: Corrections, Queries and More Information

### *No Corrections Received*

It seems that no one sent in any corrections or comments that needed reporting in this issue. One member did write to tell me of two Cogswells who had run marathons – that information is included in the major story in this issue. If there were errors, no one caught them or considered them worth correcting. So this page, intended for readers' comments, has to be filled with updates and jokes.



### *Cogswells at Guadalcanal*

Tobe (Theodore) Cogswell was not the only Cogswell in the battle of Guadalcanal. Charles L. Cogswell of Germantown, Tennessee, was a Captain of the First Marine Division and arrived on August 7<sup>th</sup>, 1942, the same day Tobe arrived. After October 2<sup>nd</sup>, he was Major Charles L. Cogswell, Executive Officer of the Second Battalion, First Marines. He later rose to become Brigadier General and retired from the Marine Corps in 1959. He died July 27<sup>th</sup>, 1993, at age 78. Dr. Tom Cogswell was ordered to the South Pacific in

July of 1942. He was on Guadalcanal in April, 1943, and did not return until December, 1945. He died in 1998. Picture: November, 1942 – United States Marines rest in the field during the Guadalcanal campaign.

### *Update*

Remember **Slade Cogswell**, whose adventures on a trip to South America were featured in the April and August, 2006, *Couriers*? He has traveled in fifty countries and lived in Mexico, Chile, Denmark and Italy. Slade has instructed Dragons summer courses in Guatemala and Peru, and he recently scouted and instructed the Dragons inaugural program in Morocco. (Dragons is a community of people who believe that knowledge of other cultures, self assuredness among youth, and practical skill building and leadership training can mitigate racism, foster compassion and nurture lives that are built on wisdom and tolerance.) He is now an art teacher at Vail Mount School, of which he is an alumnus. He also took over as head coach of the high school's Gore Rangers boys' soccer team. (He was a star on the team in the fall of 2000, [he graduated in 2001] when the team was from the smallest school ever to reach the state semifinals.) Although last fall the team only had two wins, along with eleven losses and a tie, Slade is happy about the way they played. He considers that they played at a high level and that shows courage.

### **Frank and Ernest**



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**You never asked your father about his family when he was alive because you weren't interested in genealogy then.**

# Amy Cogswell's Colonial Garden



The house was built in 1752 by Joseph Webb following his marriage to Mehitabel Nott in 1749. The American Revolution was nearing its end when George Washington walked into its large front hallway in 1781. He was there to rendezvous with Comte de Rochambeau to plan the strategy for the final battle of the Revolutionary War.

At Webb House (211 Main Street, Wethersfield, Conn.,) Connecticut Colonial Dames began planning improvements in 1919. Elizabeth Bronson of Haddam, who had been operating a tea room of her own for several years, agreed in July, 1919, to sell most of her equipment to the Colonial Dames and to operate their tea room for the summer. Miss Annie Burr Jennings of Fairfield offered to pay for moving the old barn further back on the property and installing a garden. In 1921, she commissioned landscape architect Amy Cogswell to design an old-fashioned garden and install a series of symmetrical beds filled with traditional flowers.

In 1921, professionally-designed gardens were uncommon and female landscape architects even more so. Miss Amy Cogswell graduated from the first American institution for women studying this field, Lowthorpe School of Landscape Architecture and Horticulture in Groton, Massachusetts, in 1916 and served as headmistress from 1916 to 1923. Very little else is known about her. She appears in *Descendants of John Cogswell* as # 4532, born in 1867, which would make her age 49 at graduation in 1916). Apart from her birthday, no information is given there.

In contrast with true Colonial-era gardens, "old-fashioned" (now called Colonial Revival) gardens of the 1920s were purely decorative. Amy Cogswell designed for the Webb House a prototypical example of the genre, containing classical elements, quaint arbors and a host of "old-fashioned" flowers, mainly hardy perennials, roses and a few brightly-colored annuals. Her plan called for ninety-nine different plants, including hollyhocks, larkspur, pinks, foxglove, peonies and phlox. Some actually dated to the Colonial era, while others simply seemed old-fashioned.



After World War II, the garden disappeared, along with its plans. Amy Cogswell's original plans were found in the archives in 1996. With a new interest in the early 20<sup>th</sup> century history of the Webb House, the decision was made to rejuvenate the Colonial Revival garden. The new Webb House Colonial Revival Garden came into being in April, 1999, and work continues on the restoration. While not an exact replica, the garden maintains an authentic appearance, displaying many of the same flowers that visitors enjoyed in the 1920s. Visitors now stroll on walkways among beds of poppies, peonies, lavender, hollyhocks, foxglove and roses.



Hollyhock



Pink



Peony



Garden Phlox



## Cogswells in the News



Alfred (N.Y.) University men's cross country team competed at the Empire 8 Conference championships Oct. 31<sup>st</sup>, at Saratoga Springs. The men placed seventh in the 8 km race. Senior David Cogswell, age 21, (Afton, N.Y., left) was 61<sup>st</sup> (31:09.00).

Clint Cogswell was elected to a new school district charter commission in Concord, N.H., in the November 2<sup>nd</sup> election.

Coleman Cogswell of McCool Junction, Nebraska, was recognized in the area of Communications and Expressive Arts (4-H Award), Oct. 31<sup>st</sup>.

Boy Scout Zachary Cogswell (right), Naperville, Ill., installed five benches and two stone sitting walls to complete his Eagle Scout project. Zachary, a member of Troop 889, designed the project and solicited donations, including the lumber from 84 Lumber. In September, 39 volunteers from Troop 889, Pack 887 and Spring Brook's PTA donated 165 hours installing the benches and walls. As a result, Spring Brook Elementary School's Reading Garden was recently dedicated.



Caven Cogswell, playing for the Sanford (Me.) Kiwanis Club (although his team lost to the Green Team in midseason SSYAA junior division football) and Connor Cogswell, playing for the Sanford (Me.) Elks (his team won over the Amvets) were both playing well for their teams.

Moira Cogswell swam a leg in the winning 200 medley relay for the Michigan City girls swim team Nov. 16<sup>th</sup>. She also came second in the 50 free (31.44 seconds) and the 500 free (6 minutes 29.84 seconds). She was one of four members of the 200 free relay swim team who won the event Nov. 30<sup>th</sup> in a time of 1:54.74, and against the New Prairie Cougars December 16<sup>th</sup>, in a time of 1:53.98.



Tyler Cogswell (left) was one of two quarterbacks for the American Heritage High School (Plantation, Florida) Patriots football team as they wore down the Chargers for a 33-8 win in a Class 2A regional quarterfinal.

Athlete Branden Cogswell has signed to play baseball at the University of Virginia. He, alongside his two supportive parents, spent much of 2009 and 2010 meeting coaches that presented him with various impressive offers. Duke, Purdue, Richmond, Wake Forest, Rutgers and Virginia Tech remained top contenders for Cogswell but, in the end, none made the final cut. After contemplating which program and location suited him best, the long-anticipated decision resulted in his choosing the University of Virginia, a top ranked college for baseball with an excellent program, according to Cogswell's standards.



Glenn Cogswell of Westford, Mass., had a car stop within two feet of his horse, Flash, one early fall morning. The incident made the horse jump and caused Cogswell's blood to boil. There, horses have the right of way on public roads. Glenn's near encounter with a vehicle this fall was too close for comfort, he said. "It slammed on its brakes and stopped about two feet in front of me," he said. "Horses, when they get startled, they'll kick, run or bolt in any direction. Flight is their instinct."

Cogswell leads his horse down Cold Spring Road and over to Blackthorn Drive every morning as an exercise routine. He and his partner, David Ladeau, built a barn on their Cold Spring property over the past year to house Flash and Rock Star, both quarter horses. "We ride them every morning and we've had so many problems with drivers," Cogswell said. "A lot of the drivers don't realize that the horses have the right of way."

48-year-old Denise Cogswell went into cardiac arrest early Thanksgiving morning in Wolfeboro, New Hampshire. Her husband, T.J. Cogswell, and son, Derek Brockney, stayed on the phone with 911 dispatcher, Steve Harris, who told them how to perform CPR until an emergency crew arrived. The call lasted for eight minutes as Harris guided Cogswell and Brockney through CPR. When emergency workers arrived, they saved Cogswell's life. Her heart stopped twice as crews worked to save her. She was taken to Huggins Hospital and then transported to Dartmouth-Hitchcock Medical Center. She now has a defibrillator in her chest. On Thursday, she met with her rescuers and said she is extremely thankful.

A 2001 Ford Focus being driven north by 43-year-old Kristy Ann Cogswell of Eureka hydroplaned off the highway, struck a tree on the passenger's side and flipped down an embankment, Dec. 30<sup>th</sup> during a hailstorm on U.S. Highway 101 near Fortuna, Calif. A passenger was transported to Redwood Memorial Hospital in Fortuna for treatment of a fractured shoulder and a cut to the head.

University of Rhode Island graduate student Jeremy Cogswell was among those who invented a new device which uses a pinprick of blood in a portable device that provides results in less than 30 minutes, instead of shipping a vial of blood to a laboratory and waiting the several days that most blood tests require.

Davenport (Michigan) University's Jason Cogswell is WHAC men's athlete of the week. A junior from Byron Center, he won the weight throw at the Doug Hanson Open at Saginaw Valley State. Cogswell's 35 lb weight throw of 17.02 meters set a school record and qualified him for the NAIA national championships. The distance broke Cogswell's previous school record by .01 m.

# This and That

## *Young Cogswell Likes Snow*

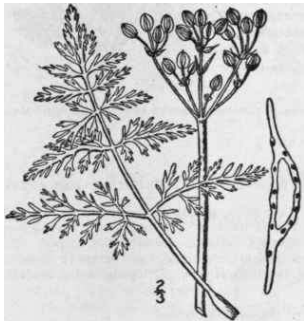
It's not that young James Cogswell doesn't enjoy the summer, spring and fall. It's just that the boy can't get enough of the snow. "His dad built him a big hill in the backyard and he's been sliding on that every day," said his grandmother, Diane, January 8<sup>th</sup>, while standing atop the sliding hill off Gunningsville Boulevard, Riverview (N.B.). James trudged to the top of the hill after a run, dragging his sled behind him. His toque was covered in snow, his cheeks rosy and he was just getting started. "It's kind of wobbly, because all the snow is falling and stuff and I just went right up that ridge over there," he said, pointing to the side of the run. "I haven't had any good crashes yet, but I just got here."

## *Andy Cogswell*

I don't know when this picture was taken. It shows Spc (Specialist) Andy Cogswell kissing his daughter on his return from a fifteen-month tour of duty in Iraq. He is a member of the 65<sup>th</sup> Military Police Company, 503<sup>rd</sup> Military Police Battalion (Airborne). It appeared with a news story on Nov. 17<sup>th</sup>, 2010, but also appeared in many sets of military photos and was a stock photo, not taken for that story. *Photo credit Spc. Katryn McCalment U.S. Army.* Looking for other information about Andy Cogswell, I found two football players, one for a 1986 graduate of Olympia High School who had six tackles in a 6-0 win for the school and another who played Montana football, 1924-26.



## *Plant Named to Honor Cogswell*



*Cogswellia orientalis* (White-Flowered Parsley): perennial herbs, having no stem or appearing to have none or nearly so, from thick spindle-like or tuberous roots, with arranged in threes, feather-like or multi-divided or, in our species, leaflets, themselves divided into smaller leaflets or finely dissected leaves and compound flat-topped or rounded flower cluster of white or yellow flowers. Calyx-teeth mostly obsolete. Swelling at the base depressed or none. Fruit oval, oblong or orbicular, smooth or covered with soft down, dorsally compressed. Carpels with filiform dorsal and intermediate ribs, the lateral ones broadly winged; oil-tubes 1-4 (rarely more) in the intervals, 2-10 on the commissural side.

Seed-face flat or slightly concave. About 60 species, of western North America. (Named in honor of Cogswell.) The name first appears about 1820. Does anyone know what Cogswell?

## *Does Anyone Remember this Cogswell?*

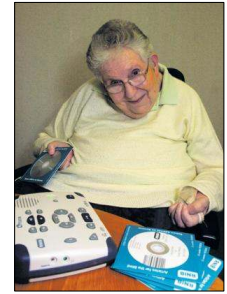
Jack Cogswell lettered for the Syracuse (University) Orange in 1932. In those seasons, Syracuse's record was 4-4-1.

## *Harry Potter Mirrors Cogswell Story*

Theodore Rose Cogswell's short story "The Wall Around the World" (1962) recently received much attention, due especially to the many similarities between its protagonist and Harry Potter: Like Potter, Cogswell's Porgie is an orphan boy, living with his aunt and uncle, who learns magic in school, flies on a broomstick and is constantly persecuted by a nasty cousin (who is, in this case however, part of the magical community). There is, however, no direct evidence that J. K. Rowling read Cogswell's story or was influenced by it.

# Westbury, Wiltshire, News

Margaret Keane, a 78-year-old from Westbury, suffers from multiple sclerosis. She was diagnosed in 1973 and uses talking books because she cannot use her left hand and only has some movement in her right hand. She is confined to a wheelchair. She uses the Royal National Institute of Blind People's talking books service, which enabled her to start a book club in the town in 1998. It meets at Westbury Library on the second Monday of every month. "I listen to books in bed at night," she says. "It certainly is a great help and they have some really interesting books. They are often read in the accent where the book is set, so you get a tremendous atmosphere created."



Remember Josselin Tilley? In 2008, Wiltshire Times readers supported a campaign to get Josselin a new wheelchair, raising £2,000 to double cash raised by her parents. Now the parents of the seriously disabled four-year-old Westbury girl are hoping the generosity of the public will allow her to walk for the first time. Four-year-old Josselin Tilley, who was born with CHARGE syndrome and is profoundly deaf and blind, lives with parents Lee, 33, and Karen Tilley, 30, and brother Alexander, six, at Bitham Mill, Westbury (pictured left). Mr. and Mrs. Tilley have discovered a new therapy, called spider therapy, which has helped their daughter stand for the first time. "The therapy was developed in Poland, but the National Health Service doesn't recognize it because it's expensive," Mr. Tilley said. "It's a huge metal frame with bungee ropes which help a child to stand. For years we've been told that she'll never walk or stand, but within half an hour, they had her up on her feet. It was amazing. You could see by her face that she was loving it. The physiotherapist recommended that Josselin have three three-week sessions a year, with each three weeks costing £1,800."

A flock of 10 rare Scandinavian waxwings were spotted near Westbury at the end of November, 2010. Heavy snowfall has forced the exotic birds southwest.

In the Tri-County Cross Country Championship held at the University of Bath, Beth Prescott of the Westbury Harriers finished 20<sup>th</sup> of the U13 girls in 12 minutes 53.24 seconds.



John David Adams of Westbury, Wiltshire, General Secretary, Voluntary Organizations Disability Group has been appointed Order of the British Empire for services to Social Care. Mr. Adams, 59, said he felt "deeply honored" at the appointment. "It's been a privilege working in adult social care with so many inspirational people. My aim has always been to try to improve the support available to those who often face enormous health difficulties. But the real heroes and heroines of social care are the army of unpaid carers, many of them school age children or elderly people, who provide vital support to family members and friends. Without them, the NHS would grind to a halt," he said.

Les Alley, with his wife, Eileen, in West End, got the shock of his life when smoke started billowing from his kitchen at about 3 p.m. on February 8<sup>th</sup>. The couple was sitting down with a cup of tea when a chip pan they left on the hob starting smoking. Mrs. Alley, who is 84 and has breathing difficulties, said: "We'd just finished dinner and were having a cup of tea. When I opened the kitchen door, the fumes really knocked me back because I already have problems breathing." Mr. Alley was unable to get out of the house because he has trouble



walking and is waiting for a replacement knee operation. Thankfully, the couple's next door neighbor, Janet Lubicheski, was outside and saw the commotion. Mr. Alley is in no doubt his neighbor saved his life. "It was thick black smoke," he said. "She was calling my name and then found me in the chair and helped carry me out. She saved my life."

Sgt Major Alex Laird, 47, who lives in Westbury, is running a 10 km, half-marathon or full marathon every month for a year to raise money for Macmillan Cancer Support after his family was affected by the disease. "My father's sister and my father's mother both died of cancer so I wanted to raise money towards research," he said.





## *From the Secretary's Desk*

We are trying to get better organized and to set some goals that will help us all. The best way to accomplish this is to get more of the Cogswell Family Association members involved. We hope that communication like this will eventually capture the attention of the members. In the meantime, I continue to hear that people really enjoy the Courier, but they are disappointed about how the pictures look. Some of the members tell us that they have pictures that they would like to share, but don't believe the current print quality of the Courier would do these pictures justice. We are trying to look at different printing options in an effort to improve the print quality. All of us have Cogswell family artifacts that have been passed on from generation to generation. In addition, we see items on the internet, and perhaps for sale on eBay, that have historical significance to our family heritage. What can we do to preserve this history? We don't currently have any place to keep these artifacts but we all can see the need! If any of you have any ideas, it would be appreciated. We're starting to talk again about a CFA Scholarship that would be awarded to a student that can provide good Cogswell Family historical research. We need to determine what size the award should be, as it will have to make it worth the students' effort. We'd also need to determine how to validate that the research is factual. The idea of a CFA Reunion appeals to many of us. We don't know where and are looking for members that would like to participate on an exploratory team to determine reunion site options. We continue to look for volunteers to help in various projects that the Association is working on. If you have some time, please feel free to contact me. I'll give you some ideas on how to get involved.



Ed Cogswell, Secretary

### *Welcome to New Members*

Marcia L. Bohn, Buffalo, N.Y., John J. Bohn, Murfreesboro, Tenn.,  
Rebecca W. Amico, Batavia, N.Y. and Eleanor R. DeHaal, Chadron, Neb.

### *Births*

A son, (name not given) of Christopher and Melissa (Canfield) Cogswell, Nov. 9<sup>th</sup>, Meshoppen, Pa.

### *Marriages*

Clayton H. Cogswell and Stephanie K. Stabile, Nov. 13<sup>th</sup>, 2010, Deltona, Fla.  
Jay B. Ketterman, Jr. and Diane C. Cogswell, Nov. 17<sup>th</sup>, 2010, Daytona Beach, Fla.  
Slade Cogswell, (of Vail, Colo.) and Christina Rivera, March 4<sup>th</sup>, 2011, Sayulita, Mexico

### *Deaths*

Bill G. Cogswell, age 88, Salem, Ore., died September 30<sup>th</sup>, 2010  
Lt. Col. Norman H. Cogswell, age 90, Center Ossipee, N.H., died October 25<sup>th</sup>, 2010  
Virginia Mary Paine Cogswell, widow of Edward Cogswell (DJC 8290), age 80, Fleming Island, Florida, died  
January 25<sup>th</sup>, 2011  
Bernice Sonna, 91, former CFA President and Courier Editor, died in California, February 23<sup>rd</sup>, 2011  
CFA members Betty Lou Dunn, Riverdale, Md. and Elizabeth M. Wood, Troy, N.Y. died in 2010

**To become a member, or renew:** fill out the blanks below; attach your check and mail this form to:  
**Cogswell Family Association, Office of the Secretary, 21321 107<sup>th</sup> Ave., SE, Snohomish, WA, USA, 98296-7140** Please make all checks payable to: **Treasurer, Cogswell Family Association**

Contact Information:

First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_ Last Name: \_\_\_\_\_

Street Address: \_\_\_\_\_ Apt/Suite: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Country: \_\_\_\_\_

Email Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Membership: New member \$10.00 \_\_\_\_\_ single renewal \$20.00 \_\_\_\_\_ family renewal \$30.00 \_\_\_\_\_

Birthday \_\_\_\_\_ Wedding Anniversary \_\_\_\_\_

Your important immediate family dates:

Family Member \_\_\_\_\_ birthday \_\_\_\_\_

Family Member \_\_\_\_\_ birthday \_\_\_\_\_

Family Member \_\_\_\_\_ birthday \_\_\_\_\_

Family Member \_\_\_\_\_ birthday \_\_\_\_\_

Additional Comment \_\_\_\_\_

## From the Editor's Desk

In 2009, 397 marathons were run in the U.S., with an overall total of 467,000 finishers. At least 11 were run in Canada in 2010 - I don't know how many in other countries. Eight Ironman races are held in the U.S.A., one in Canada. So it's not really surprising that almost 40 Cogswells have run in at least a half marathon. And let no one be ashamed of slow times. The point of a race such as these is not to win, but simply to finish. Most of us couldn't do that. Identifying people on the internet is not always easy. Suppose I want to write a story about "Chris Cogswell." According to "White Pages," there are 14 people with the name "Chris Cogswell," 13 people with the name "Christopher Cogswell" and seven people with the name "Christine Cogswell" in the United States. I found seven addresses that did not match the states and communities listed. Intelius found 68 Chris Cogswells, 80 Christopher Cogswells and 28 Christine Cogswells in the U.S.A., although some may be duplicates. In addition, there are at least three people named Chris Cogswell in Canada and two in England. So, when I prepare a story about someone, I try to contact them and ask them to confirm or correct what I have written. They can also add something or tell me not to use the story at all. I was not able to contact all of the marathon and half marathon runners, but most received either a letter or an e-mail with three ways to contact me. Only a few did so – Stephen, the half ironman runner, telephoned to find out how I got the information, which he said was correct. Between writing and mailing, many will have had birthdays, so ages may not be exact.



### *About the Cover of this Issue*

The picture on the cover is copyright and belongs to ASI (Action Sports International) of Fort Worth, Texas. It's not the best picture of Jeremy, but it does reflect the fact that he found the last few miles difficult yet finished the race fatigued but happy. ASI was asked for permission to use the picture but did not reply. Jeremy sent me the picture, so I use it on his authority.

### *Upcoming Issues*

I am hoping to have an issue later this year which will feature Cogswells and the American Revolution. So far, I have four stories: William Cogswell, Patriot; Amos Cogswell applies for a Pension; Major Thomas Cogswell and George Washington's Doctor (James Cogswell). If anyone can suggest other Cogswells involved in the Revolutionary War or has stories about them, I would like to hear about it. I also plan to retell the story of the discovery of the Cogswell house in Westbury, but that will not be in the Revolutionary issue.

### *Suggestions Wanted*

One of the things that your editor had hoped to have in many issues of the Courier was stories about Cogswell buildings or Cogswell streets. There have been a few, but not many and not recently. It is difficult to research them unless I have a specific building or street in mind. Can anyone suggest a Cogswell building or street, preferably with information on the Cogswell for whom it was named? Such suggestions would be welcome.



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# Canadian Connection

## Poems by Howard L. Cogswell

### Father Peter at Saint Joseph's

*From the other side  
Of the Rectory drawing room,  
Flanked by cadres of the Religious Affairs Bureau,  
He smiles at us  
Over blue and white tea mugs  
And bowls of sweet little oranges.*

*"My name is Peter."  
The eyes of a man  
Who has drawn a lot of lines  
And toed a lot of lines,  
Who has walked the line  
For forty years,  
Smile at us  
Over oranges and green Jiangxi tea.*

*The eyes of this  
Frontline soldier –  
Peter's eyes –  
Smile at us  
From an unlined face.*

### Easter at St. Joseph's

*"Hallelujah."  
"Amen."  
Two familiar words have reached us  
In the past forty minutes.*

*Father Peter exits  
Through the congregation,  
An Eastern smile on his Easter face,*

*And it's over.  
But no!  
Outside in the courtyard,  
Altar boys flick their Bics  
(Made in Shanghai),  
AND  
Thousands  
Of red Chinese Hosannas  
Explode in the Jiangxi sun,  
Turning the neighbors' heads.*

*Deafened by praises,  
Saint Joseph looks down  
From his niche above the centre door,  
Sorting it all out,*

*While, unseen,  
God too looks on  
And is pleased.*

### The Voice of Prayer

*Silenced  
For twenty years or more,  
Her voice now  
Soars above the others,  
Rich, dark alto,  
Chanting  
Latin prayers and hymns,  
Brooding  
Over the little flock  
On a New Year's  
Sunday morning.  
Female cantor.  
Chinese "mother in Israel."*

CFA member Howard L. Cogswell (Saint John, N.B., Canada) and his wife, Joyce, taught English in Fuzhou, Jiangxi, China, for some time, including 1987. The three poems above come from that period of his life. The poem below – Frankfort to Paris Express – is from 1960, when Uncle Sam had posted him to an army base post office in Orleans, France.

### Accommodation

*One look at the open Bible, and  
"Comer" said the cabinetmaker  
From Caracas, and using signs,  
He added, "drinking" and "women."*

*With universal signs,  
Fractured French and English,  
And accommodated Spanish,  
He made me to understand  
"These are the focus of my life."*

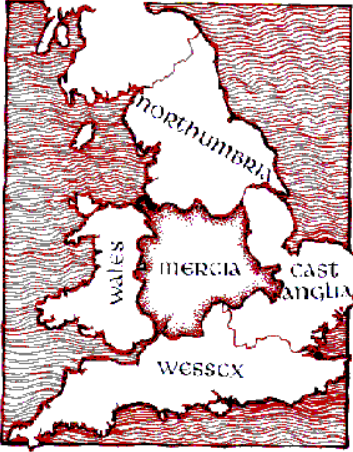
*I had not sought a confession  
Of his faith in Godless Belial,  
But – "Eating, drinking, women –"  
He felt compelled to tell me.*

*With universal signs,  
And accommodated French and English  
I made him understand:*

*"God is the focus of my life,  
Accommodated once to us all  
In the compelling love of Christ."*



# Alfred the Great and Westbury



Alfred the Great was King of Wessex and overlord of Mercia.

In the late 9th century, the Danes had slowly but surely infiltrated the British Isles and pushed back the Anglo-Saxon inhabitants. They already held the north and east of the country. Under Guthrum, they pushed into Wessex from the south and east. Standing in their way was a young king of Wessex, Alfred by name. Alfred shadowed the army, trying to prevent more damage than had already occurred.

Guthrum and his men had applied the usual Danish strategy of occupying a fortified town and waiting for a peace "treaty" involving money, in return for a promise to leave the kingdom immediately. This started in 875 when Guthrum's army "eluded the West Saxon levies and got into Wareham." They then gave hostages and oaths to leave the country to Alfred, who paid them off. The Danes promptly slipped off to Exeter, even deeper into Alfred's kingdom, where they concluded in the autumn of 877 a "firm peace" with Alfred, the terms of which entailed their leaving his kingdom and not returning. This they did, spending the rest of 877 (by the Gregorian calendar) in Gloucester. They launched a winter attack on a surprised King Alfred at his court of Chippenham. At first, the fight went badly for Alfred; some of his allies found it more expedient to cooperate with the Danes and, in 877, he was pushed back to a small corner of the marshes around Athelney in Somerset. The Danes captured Chippenham (barely missing Alfred) and forced Alfred to retreat "with a small force" into the wilderness. It is to this period that the story of King Alfred burning the cakes belongs.

Alfred came out of the Athelney marshes and surprised the Danes under Guthrum at Edington (near Westbury) in Wiltshire. After a thorough victory for Alfred, Guthrum was chased back to his base at Chippenham, where he was besieged for two weeks. Eventually, Guthrum surrendered and agreed to retreat from Wessex, and also to accept baptism as a Christian. This baptism was solemnized at Wedmore in Somerset some weeks later, giving us what is known as the Peace of Wedmore. The Danes retreated to East Anglia and Alfred got on with consolidating his gains.

Alfred built a new and improved navy to better meet the sea-faring Danes on their own terms. He wrested London from Danish control and reached the agreement by which England was divided into two zones: the south and west, where Saxon law would apply, and the north and east, where Danish law ruled. This second territory became known as the Danelaw.

Alfred also did his bit on the cultural front. He established schools and encouraged the dissemination of knowledge. He is said to have personally translated several books from Latin into the Anglo-Saxon tongue. (Cura Pastoralis, by Pope Gregory the Great and Bede's Historia Ecclesiastica) An untraceable myth has it that he established the first university at Oxford.

Right: a memorial to the battle.



# Cogswell Neighbors in Ipswich

## Mark Quilter

One of the militiamen charged with breaking the peace (along with John [DJC 26] Cogswell) in Perkins' Tavern in 1672 was Mark Quilter.

This is Mark Jr., son of Mark Quilter, Sr. (who arrived in Ipswich in 1637) and Frances Swan, who were married in Ipswich about 1646. Genealogical records are not helpful – father and son are often confused and, when the younger Mark's marriage is given, the wife always has the same name as his mother. The younger's birth is frequently given as being in Ipswich long before his father arrived there. Apparently, those who have been interested enough to look him up are descended from his sister Mary.

Mark Quilter, Sr., was born in Stokely Nayland, Suffolk, England – date not given. Town records show his arrival in Ipswich in 1637. In 1640, he was hired, along with two other young men, William Fellows and Symon Tompson, as cow-keepers. They had a contract "to drive them out to feed before sunne be half an hour high and not bring them home before half an hour before sunset." The contract ran from April 15<sup>th</sup> to November 15<sup>th</sup> and the pay was either in corn or money, a total of fifteen pounds. In 1643, the cows were gathered, "over against Mr. Robert Payne's house," i.e., at the corner of High and Market Streets. The cowherds were instructed in 1647, at "the first opportunity to burn the woods, and to make a Bridge over the River to Wilderness Hill," and all herdsmen were ordered "to winde a horn before their going out." The owners of cows were bound to provide men to relieve the cowherds every other Sabbath day.

About 1646, Mark Quilter married Frances Swan, daughter of Richard and Ann Swan. Some sources say it was the second marriage for both of them but this is doubtful, as Frances' date of birth is given as 1633, making her just 13 at the time of the marriage.



In 1648, Mark Quilter was one of 161 citizens (William Cogswell was another) who promised to pay yearly their share towards "the Summ of twenty four pounds seaven shillings"... "vnto major Denison soe long as he shall be there Leader." That would average out to three shillings and a half penny per year each.

Mark Sr. and his wife had six children: Mark Jr., Joseph, Mary, Rebecca, Sarah and Dorothy. Shortly after the last child was born, their mother died. Mark Sr. remarried – his second wife's name was Thamar. Mark Sr. died March 28<sup>th</sup>, 1653/4.

Mark Quilter (probably Jr.) was fined for striking his wife and also for hitting a neighbor who became involved. This was unusual. In another case, the husband was not only acquitted but the neighbor woman was sentenced to be whipped for interfering.

Mark, Jr. died in 1678 or 1679. On May 29<sup>th</sup>, 1679, Frances Quilter petitioned the court for a share of her husband's personal estate. She claimed that her husband died with an estate valued at 600 pounds, a considerable part of it in money. The large estate she said was from three causes: (1) the product of what she brought to her husband, (2) her and her husband's labor during 23 years and (3) "the extreme penurious sparing kind of life we did live denying ourselves and our family what was meet for us to have." Mark Quilter made a deathbed will "irrational, inconsistent with itself and with the mind of the estate." The court had declared that Mark Quilter died intestate and had named his brother, Joseph, as administrator. However, Frances Quilter claimed that Joseph had come to her in her grief and through her ignorance drew her into some inconvenience and "carried away the greatest part of the estate. She had no legal remedy, and no parents, husband or children; she was in danger of coming on friends, family or the town for relief." The court awarded her Mark's entire estate for her lifetime.

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